

NCFE CACHE Level 2 Certificate in counselling skills

*Enrollment available
throughout the year*

Ideal for anyone wishing to develop
their counselling skills for use in either
work or personal capacity

This programme complements working
environments such as Health and Social
Care, Childrens' Care, Learning and
Development, Voluntary and Community
Work.

Pregnancy
Matters™

accredited by **ncfe.** & **cache**

Course overview

Course aims

Lessons are designed to give learners the core knowledge, skills and competencies required to use counselling skills ethically and safely.

Who is this course for?

This course is suitable for those who wish to increase and use their understanding of counselling skills. It does not qualify you to practice as a counsellor. You could use this knowledge in your current work, or as a basis for continued study to attain a level three qualification in the future should you wish.

Why do this course?

One of the benefits of this course is the ability to have face-to-face classroom-based sessions practicing core skills in a safe environment. You will learn to identify and practice a range of core counselling skills that can be used when participating in counselling interactions.

- Gain a nationally recognised accredited qualification
- Improve your core counselling skills
- Face-to-face and distance learning options available
- Personalised support

Learners who achieve this qualification could progress to:

- Level 3 award in counselling skills and theory
- Level 3 diploma in Counselling skills

What units are covered in this course

This course is split into four manageable units:

Unit 1: Using counselling skills

Unit 2: Introduction to counselling skills theories

Unit 3: Diversity and ethics in the use of counselling skills

Unit 4: Counselling skills and personal development

All learning can be done at your own pace

How much will it cost?

Special offer all inclusive total fees of £350. For groups of more than six further concessions are available, do get in touch to find out more. Easy payment options are available

Life offers non-directive counselling and support for anyone facing a crisis pregnancy, suffering the loss of a baby or coping after abortion

ncfe@lifecharity.org.uk

